

## **Life**Scape

PREMIER

## Top Docs' Mission: Empower Brilliant Health Breakthroughs

For 15+ years, LifeScape providers passionately empower health transformation with an integrative approach blending the best of Allopathic and Functional medicine. Founder Dr. Susan Wilder notes, "Our 'whole'-in-one is taking problems OFF a patient's problem list, reducing dependence on medications." One patient, within a year, reversed attention deficit, chronic fatigue, anxiety, depression, and insomnia and eliminated 4 chronic medications after uncovering severe sleep apnea and nutrient deficiencies. Insurers' value rescue over prevention, but these health breakthroughs are priceless. One patient noted, "All my other doctors just monitor my deterioration." Per Dr. Strohman, "Chronic disease should not be a life sentence."

LifeScape offers group medical visits with cooking demonstrations, holds events with experts in meditation, nutrition, mindfulness, and field trips to health related businesses such as organic farms or equine therapy programs. LifeScape providers engage actively in teaching and community service. Dr. Wilder states, "Teaching keeps us on our toes and we are honored by all the clinicians who trust us with their health and that of their family."

LifeScape offers many options for patients or companies interested in optimizing health including insurance-based Family Medicine including Telemedicine, Exclusive Concierge Family Care, or advanced Functional Medicine consults for adults or children with complex challenges. Anyone can also work independently with LifeScape Nutrition and Fitness Health Coaches or Aesthetics team, all of whom espouse fitness and beauty from the inside out. The first step to any Brilliant Health Breakthrough is deciding to pursue personalized, proactive, truly transformative care. What are you waiting for?

8757 E. Bell Road Scottsdale 85260 lifescapepremier.com | 480-860-5500