



Susan S. Wilder

MD, IFMCP, DABFM

Dr. Wilder is a distinguished leader in medicine and the visionary founder and CEO of LifeScape, a premier concierge family practice in Scottsdale, Arizona. With over 25 years of experience, Dr. Wilder has transformed patient care through innovative approaches that focus on holistic well-being and addressing the root causes of illness. Her extensive background includes advanced training in Functional Medicine, Sports Medicine, and a Certificate of Added Qualifications in Family Medicine. Dr. Wilder has held prominent roles at institutions such as the Mayo Clinic and The George Washington University and is a recognized top Family Physician nationally.

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“As I reflect on the journey of the past two decades, one truth remains resolute:
health is our most valuable asset, and the time to transform our choices is now.

The question lingers, asking each of us individually and collectively: What are we willing to change, and willing to give up, to have the life we’re pretending we want?”

- Dr. Susan Wilder

Signature Talks and Topics

Dr. Wilder is known for her engaging and insightful presentations on a wide range of health topics, including:

- **Concierge Medicine:** Revolutionizing patient care with personalized, holistic approaches
- **Health / Nutrition / Wellness:** Evidence-based strategies for optimal health and longevity
- **Functional (Lifestyle) Medicine:** Exploring the limitations of conventional medicine and the power of addressing root causes of disease
- **Genetics and Personalized Health:** Advancements and implications for individualized care
- **Mind, Body, and Spirit Integration:** Achieving optimal well-being through holistic approaches
- **Preventing Chronic Disease:** Practical strategies for maximizing healthspan, preventing and often reversing disease and illness

Contact

For speaker inquiries and additional information, please contact Patty Wynne, Director of Practice Development
pwyne@lifescape.md or [PHONE NUMBER.]

Accolades

Concierge Medicine Today: “Top Doctors in Concierge Medicine” (Nationally Recognized)

Consumers Research Council: Top Family Physician (Nationally Recognized)

The Center for the Study of Services: Top Family Physician (Nationally Recognized)

Best Doctors: Top Family Physician (Nationally Recognized)

Phoenix Magazine: “Top Doc” (Multiple Times)

101 North Magazine: “People’s Choice”

Arizona Foothills Magazine: “Best of our Valley”

Ranking Arizona: “Best Family Doctors” Awards

WomenNetwork (Phoenix/Scottsdale): “Mom Entrepreneur of the Year”

Entrepreneur: “Phoenix Women Entrepreneurs You Should Know”

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